WELCOME BACK!

Welcome back to a new year in Social Science! This newsletter will present short, go-to facts on the left side for you to keep in mind as you pursue your studies.

Email ssaco@uwo.ca with any concerns or questions regarding your program. If you need our attention but are without online access, come to the Counselling Office (SSC 2105) or phone 519-661-2011. Please note appointment times below:

Regular Hours*:
- Prescheduled morning appointments: 10:00 a.m. – 12:00 p.m.
- Afternoon: Drop-ins only 2:00 – 4:00 p.m.

*During March Intent to Register, or the exam period:
- Drop-ins only 10:00 a.m. – 12:00 p.m. and 2:00 – 4:00 p.m.

NOTE: This newsletter can be found on our website at http://counselling.ssc.uwo.ca/

Wishing you health, happiness and success,
The Social Science Academic Counselling Team

Intent to Register: What it is and Why it’s Important

What: An online form students submit to indicate their program choices for the following September.

When: February and March.

Why: It’s important for us because it lets us know you plan to return in September and the program(s) you would like to be in (whether you plan to make a change or not). It’s important for you because you will forfeit a priority registration time in the summer if you don’t complete it on time and being placed in your desired program will give you access to the courses you need; imagine not encountering a single annoying registration error message on Student Center! A little effort now will ensure your ducks are in a row when classes begin filling up in the summer!

Where/How: Click on the “Intent to Register” link in Student Center, student.uwo.ca, and you will be taken to another page to indicate your program choices.

Be realistic in making your choices and ensure you have all prerequisites in place by the end of April. If you don’t qualify for your desired program now, you can reapply next year!
**MH Resources**

*Mental Health Support Resources available from Monday to Friday during business hours:*

- **Student Development Centre**
  - 519.661.3031, WSS 4100
  - Student Services Building

- **Student Health Services (SHS)**
  - 519.661.3030 or 519.661.3771
  - UCC Rm 11 (lower level)

*After-hours Support Resources:*

- **Campus Community Police Service**
  - Emergency: Call 911
  - Non-emergencies or inquiries: 519.661.3300

- **Good 2 Talk**
  - 1.866.925.5454

- **London Distress/Crisis Response Line**
  - 519.433.2023
  - Call 24/7 for phone crisis response

  Or **Call 211** when you don’t know where to turn – it’s free, confidential and at your service 24/7.

*The Wellness Education Centre is in the lower level of the UCC*

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**INTENT TO REGISTER: Where to Start**

Deciding on an academic career path or whether or not to move in a different direction may seem like a daunting task. We’re here to help. Below is a list of resources we have compiled to assist you in making your decision.

- **Western’s Academic Calendar**, westerncalendar.uwo.ca: The calendar contains the course descriptions, program/module requirements for your department, grade and graduation requirements, important deadlines, rules and regulations of the University.

- **Program Checklists**, counselling.ssc.uwo.ca/your_degree/degrees: Course checklists are available online or in the Academic Counselling Office, Room 2105, SSC.

- **Department Websites**, ssc.uwo.ca/departments: Refer to department websites for a wealth of information regarding program and course options.

- **Career Services**, http://careerexperience.uwo.ca: Begin with the end in mind. Explore career options to help you navigate your program options and interests.

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**What if I change my mind after submission?**

*Online program revisions are allowed until March 31st.*

**What if I don’t submit my Intent to Register?**

*You will not be able to use the online registration system to reserve space in your courses during the summer.***

For answers to more questions like these:

Academic Counselling Website ➔ Registration ➔ Intent to Register ➔ ITR FAQ

http://counselling.ssc.uwo.ca/registration/intent_to_register/index.html

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**What makes an exam fair?**

http://bit.ly/2gL0BB

**Office of the Ombudsperson:**

- WSS 3135
- http://www.uwo.ca/ombuds/

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http://counselling.ssc.uwo.ca/
Study Tips

Your best preparation is what you do day-to-day. Make it routine each day to:

- Attend all classes
- Prepare for class – read recommended pages, look through course outline, read over notes from last class
- Use all resources provided – websites, help centres, professors and teaching assistants are all here to help you!
- Make study notes in a way that works for you
- Organize your notes
- Don’t cram for tests – give yourself time to review all material

Eat well, get sufficient sleep, and exercise often. Your mind and body will thank you!

Reading Week

Let the Snow Fall – NOT Your Grades!

February 15 - 23, 2020

Please note that Library and UCC operation hours will be modified during this week. Updates can be found on their respective websites closer to the break.

From all of us in the Academic Counselling Office:

ENJOY YOUR BREAK!

INTERNATIONAL LEARNING

Exchange

You have the opportunity to study at more than 137 different universities around the world, in 39 countries. Check out the International Learning website for more information on this opportunity. http://www.uwo.ca/international/learning/go_abroad/exchange.html

HOW IT WORKS: Partner universities with reciprocal agreements exchange students with one another and these students pay tuition to their home institution instead of international fees. Because each university has a limited number of spaces, students must apply to go on an exchange. If and when you are approved for an exchange, you must complete the process for course approvals http://counselling.ssc.uwo.ca/procedures/Exchange%20Permission.html.

Aim high – you will need a B average

Study Abroad

Students considering attending another university to earn credits toward their Western degree can go on an exchange or study abroad.

To study abroad:

- Apply to one of our Study Abroad programs,
- Obtain approval for a Letter of Permission from the Academic Counselling Office to transfer the credits toward your Western degree,
- Pay international tuition to your host institution.

Summer Programs

Spend your summer learning unique lessons in a different country! Some international universities offer specific courses throughout the summer of varying topic, price and length.

Information sessions on Summer Programs are offered in February and March in the Chu Centre, 2nd floor International Graduate Affairs Building (IGAB).

Don’t feel like studying while visiting another country? Investigate volunteer, internship and work opportunities instead!

For more information on any of these international opportunities, visit Western International’s website (http://www.uwo.ca/international/) and explore the links under the “Go Abroad” tab.

Western International: 2nd floor, IGAB 519.661.2111 x89309 exchange@uwo.ca
Drop Deadline

To protect your record, assess how things are going before the Deadline to drop without Academic Penalty:
March 7, 2020
2nd term course drops must be done in person (Room 2105, SSC) or fax: 519.661.3384

This deadline is strictly enforced in fairness to all students. Drops after the deadline are considered failed attempts.

Program Planning

Keep in mind these common errors during course registration that can make planning your program more of a hassle than it should be:

- Adding courses with 500 section numbers - these are Affiliated College (Huron, King’s, Brescia) courses
- Taking senior courses (numbered 2000 or above) in first year
- Taking too many courses in one subject
- Taking inappropriate 2000-2999 levels (see the specific numbers needed for your module)
- Taking too many first year courses, those numbered 1000-1999 (max 7.0)
- Missing the Category B (e.g. Arts) or Category C (e.g. Science) requirements
- Missing the essay requirements
- Missing prerequisites for courses you are adding
- Taking two courses that are antirequisite to one another (e.g. 2 statistics courses that can’t both be counted in your program)
- Overloading (you can take a maximum of 5 classes per term)
- Forgetting to drop second term courses if you did not complete the prerequisite in first term

Work Study Opportunities

Western’s Work Study program offers an opportunity for students to work part-time on campus in jobs that accommodate their studies. The objectives of the Work Study program are:

- To assist students in financial need with a regular source of income that does not add to their debt load,
- Offer students training and experience that will assist them in further studies and/or their entrance into the workforce,
- Help staff and faculty.

Eligibility:

- Canadian Citizen or permanent resident
- Demonstrated financial need
- 2nd year (and up) registered full-time on Main Campus (minimum 60% course load; 40% course load for students with disabilities)
  - Affiliated Colleges will have their own information concerning work study

How to Apply:
The Bursary, Work Study & Need Based Award programs are all based on financial need, and are all applied for via the Financial Assistance Profile Application, which is accessible through Student Center, student.uwo.ca. The Fall/Winter Financial Assistance Profile Application becomes available in late August each year.

Summer Work Study:
Financial assistance is also available during the summer session for registered summer students. The application for Summer 2020 bursary and work-study funding will be available in mid to late April via Student Center. To be eligible to apply, students must be registered in a minimum half credit during the Summer session and must be a Canadian citizen or a permanent resident.

Keep this opportunity in mind for next year. Should you wish to gain paid work experience within the convenience of the University campus, Academic Counselling will be hiring 3 summer students!

Accessibility @ Western

Western has many services and programs that support the personal, physical, social and academic needs of students with disabilities. For more information on the categories listed below, visit:
http://www.accessibility.uwo.ca/students/index.html

<table>
<thead>
<tr>
<th>Academic Information</th>
<th>Support Services</th>
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<tbody>
<tr>
<td>Bursaries &amp; Scholarships</td>
<td>Maps &amp; Floor Plans</td>
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<tr>
<td>Housing</td>
<td>Committees</td>
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<tr>
<td>Technology &amp; Communications</td>
<td>Policies &amp; Procedures</td>
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<tr>
<td>Transportation</td>
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Progression Requirements

Progression requirements are the minimum requirements needed for students to continue in their program each year. These requirements are often referred to during the course of an appeal or as a basis for withdrawal from the University.

**Level 1 Progression (you have attempted 3.0-7.5 courses)**

<table>
<thead>
<tr>
<th>In Good Standing</th>
<th>≥ 55%</th>
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<tbody>
<tr>
<td>On Probation</td>
<td>50-54%</td>
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<tr>
<td>Required to Withdraw</td>
<td>&lt; 50%</td>
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</tbody>
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**Level 2 Progression (you have attempted 8.0 or more courses)**

<table>
<thead>
<tr>
<th>In Good Standing</th>
<th>≥ 60%</th>
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<tbody>
<tr>
<td>On Probation</td>
<td>55-59%</td>
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<tr>
<td>Required to Withdraw</td>
<td>&lt; 55%</td>
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</tbody>
</table>

**BMOS Program Only**

<table>
<thead>
<tr>
<th>Specializations</th>
<th>65% cumulative average req. to continue</th>
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<tbody>
<tr>
<td>Re-Entering BMOS</td>
<td>70% on the last 5.0 courses &amp; 65% total avg</td>
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**High Standing Academics**

<table>
<thead>
<tr>
<th>Honors Progression</th>
<th>70% (higher in limited enrollment programs)</th>
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<tbody>
<tr>
<td>Dean’s Honor List</td>
<td>80%</td>
</tr>
<tr>
<td>Graduation with Distinction</td>
<td>80% cumulative average &amp; NO mark &lt; 70%</td>
</tr>
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</table>

Social Science Mind Map

*Have questions, but don’t know who to talk to?*

- You have questions about the course you are taking.
- You need to arrange accommodations for late assignments or missed tests, labs, tutorials, etc. For work worth more than 10%, you must first receive approval from Academic Counselling.

- The Counselling Office must give final approval on behalf of the Dean for department recommendations.
- You need academic accommodation for medical or compassionate reasons.
- You missed an exam or are seeking an extension on an assignment.
- You are seeking special permission for a course overload or to take a course at an Affiliated College.
- You are a transfer student needing guidance.
- You’ve been placed on probation.
- You need a mid-term consultation.
- You need readmission advice.
- You have concerns regarding graduation or program requirements.
- You need help understanding academic policies & procedures.

**YOUR PROFESSOR**

- You have questions about the program you are taking.
- You need special permission for a course substitution in your program or you would like to register for a course without the prerequisite.
- You have a course overlap between your modules.
- You need course equivalencies for transfer or exchange credits.

**DEPARTMENT ADVISOR**

**SS ACADEMIC COUNSELLOR**

**CONNECT**

*Linking you to the building blocks of success*

[http://counselling.ssc.uwo.ca/]

Supporting you through academics and life!